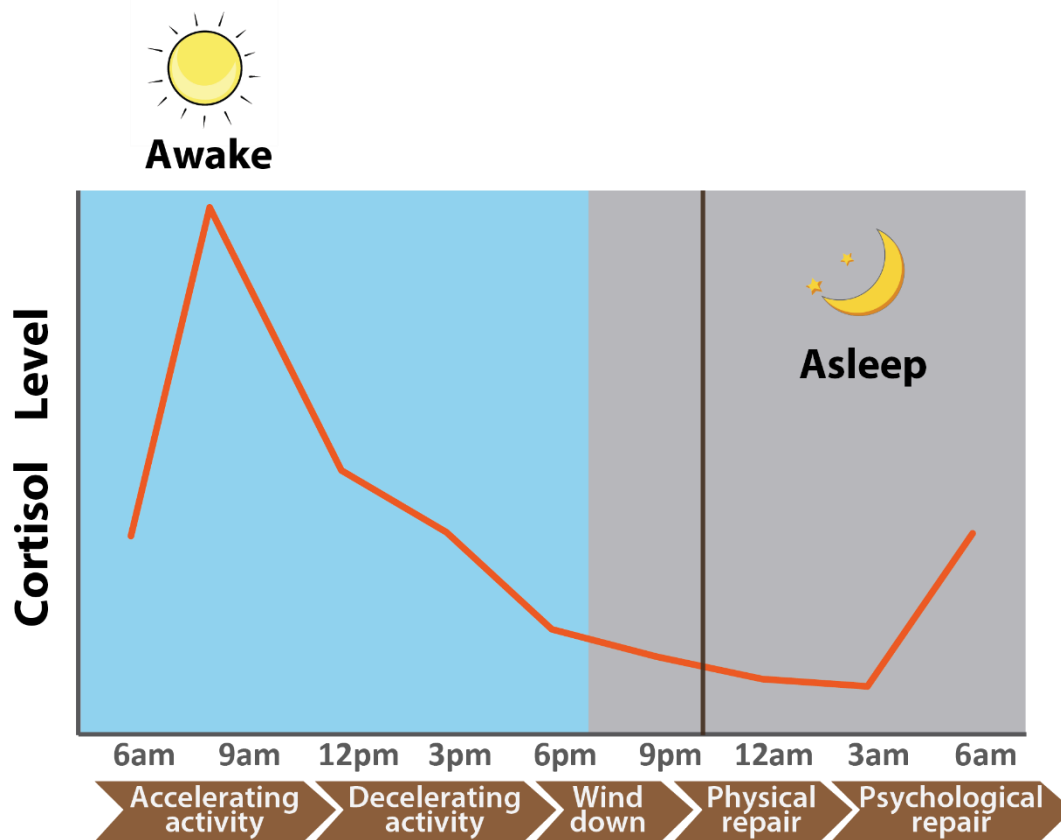


Understanding Cortisol Salivary Test

What is Cortisol?

Cortisol is our 'stress hormone' produced in the adrenal cortex. It plays important roles in metabolizing major nutrients as well as regulating blood pressure and immune response. More importantly, cortisol helps us deal with stress.

We follow a regular pattern of cortisol secretion, while any disrupt in its regularity would lead to body issues.



Why using saliva for testing?

Collect cortisol sample by using saliva in different time point could effectively reveal the actual situations.

1

Free cortisol is present in the saliva but not in urine and blood

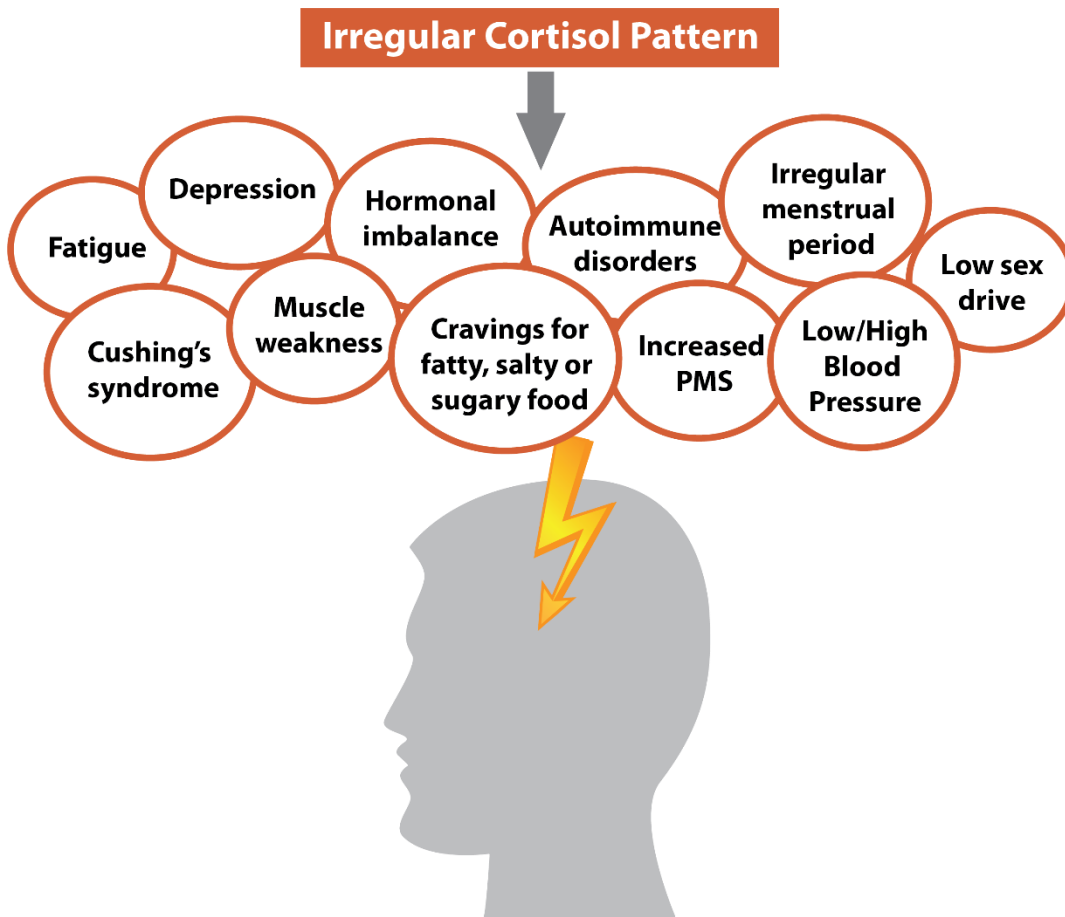
2

Accurate results recognized by NIH and WHO

3

Sample requirement: 0.5ml x 7 vials (for different times)

Common Symptoms



Source of lab test provider: HK BioTek